

CCE First Week Goal-Setting Sheet

CCE Goal for this week
One CCE goal or learning habit I want to strengthen this week is:
This goal is important to me because...
One specific action I will take this week to achieve this goal:
When I will do this action (day/time):
How confident I am that I can achieve this goal: ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 <i>If you aren't at a 3+, you may need to alter your goal.</i> <i>(not at all confident)</i> <i>(I can absolutely do this!)</i>
What will help me follow through? ☐ Calendar/Planner ☐ Teacher Check-In ☐ Classmate ☐ Reminder/Alarm ☐ Fallback route
When I accomplish this goal by the end of the first week, I think I will feel: <i>(select as many as you want)</i> ☐ Proud ☐ More organized ☐ More confident ☐ Less stressed ☐ More motivated ☐ Other: _____
What is one thing you want your CCE teacher to understand about how you learn or work best? You may write 'private.'
I am ready to test this plan and revise it if I need to. My next check-in: _____