

Dallas County Personal Budget and Worked Model

NAME _____ DATE _____ PERIOD _____

1. Read the Dallas County Scenario

MIT Living Wage Calculator, Dallas County, one adult/no children, updated February 15, 2026:

CATEGORY	ANNUAL EXPENSE	ROUNDED MONTHLY AMOUNT
Housing	\$17,805	\$1,484
Transportation	\$8,440	\$703
Food	\$4,019	\$335
Medical	\$3,032	\$253
Civic participation	\$2,583	\$215
Internet and mobile	\$1,454	\$121
Other basic needs	\$4,067	\$339
Total after taxes	\$41,399	about \$3,450

Required annual income before taxes: **\$48,489**.

These are estimates for one scenario. They are not a family's bill, a complete budget, or a guaranteed price.

WORKED MONTHLY MODEL

Fictional monthly planning income: **\$4,200**

$\$4,200 - \$3,450$ basic-cost baseline = **\$750 remaining**

Example: \$300 emergency savings + \$200 long-term goal + \$250 wants/flex = \$750.

Word bank: monthly/mensual · category/categoría · baseline/punto de referencia · remaining/restante.

Complete frame: The fixed scenario leaves \$ _____ after basic costs. It still does not include _____.

2. Build the Fictional Monthly Budget

Start with the supplied **\$4,200 monthly planning income**. Keep or change the baseline to match the fictional lifestyle target. Do not convert a career salary into take-home pay.

CATEGORY	MIT BASELINE	MY PLAN
Housing	\$1,484	\$
Transportation	\$703	\$
Food	\$335	\$
Medical	\$253	\$
Civic participation	\$215	\$
Internet/mobile	\$121	\$
Other basic needs	\$339	\$
Emergency savings	--	\$
Long-term goal	--	\$
Wants/flex	--	\$
Total spending		\$

One amount I changed and the assumption behind it:

Word bank: income/ingreso · expense/gasto · assumption/supuesto · savings/ahorros.

Complete frame: I changed _____ from \$ _____ to \$ _____ because this fictional plan assumes _____ .

3. Calculate and Explain the Balance

Monthly planning income: **\$4,200**

Total spending: - \$ _____

Final monthly balance: \$ _____

☐ surplus ☐ shortage ☐ exactly even

Show one check of your math:

Why the savings and wants amounts match the priorities from Day 1:

If the plan has a shortage, the first evidence-based revision is:

One need or cost this simplified plan still misses:

Word bank: surplus/superávit · shortage/déficit · balance/saldo · revise/revisar.

Complete frame: My plan has a _____ of \$ _____. I would revise _____ because _____.

4. Respond to the \$300 Event Card

For this fictional event, monthly planning income drops by **\$300**.

New monthly planning income: $\$4,200 - \$300 = \$$ _____

What I would protect:

What I would reduce, delay, or replace:

Revised total spending: \$ _____

Revised final balance: \$ _____

Why the revision fits the priorities and the new limit:

One uncertainty that remains:

Word bank: event/evento · protect/proteger · reduce/reducir · delay/posponer · uncertainty/incertidumbre.

Complete frame: After the \$300 change, I protected _____ and changed
_____ because _____.