

Injured on the Trail Simulation Record

NAME _____ DATE _____ PERIOD _____

Simulation Boundary

This is career role-play, **not first-aid certification or real treatment**. Never practice on a real injury. Do not straighten, pull, reduce, or force any body part. Use a mannequin, dowel/paper model, or a relaxed uninjured partner only with consent. The observer/documenter role earns the same credit.

Circle your route: **model/mannequin · consenting uninjured partner · observer/documenter**

Stop immediately for pain, numbness, tingling, color change, distress, or a request to stop. A real injury goes to the nurse/911 process—not this lesson.

Career Research

1. One Search and Rescue responsibility:

2. One Wilderness First Responder responsibility and one limit of the role:

3. Why do responders document what they observe and do?

Supply Purpose

ITEM	PURPOSE SHOWN IN THE CLIMBER NOTES DECK	SAFETY CHECK DURING THE SIMULATION
Triangular bandage / sling	Supports an arm and limits movement	Loose, comfortable, consent maintained
Cohesive wrap	Holds a bandage or model splint	Never tight; stop for discomfort or color change
Finger-splint model	Shows how an injured part may be supported	No real injury; no force or straightening

Observe and Explain

The learner handling the materials narrates. The observer records the same evidence.

CHECK	ROUND 1 NOTE	ROUND 2 IMPROVEMENT
Asked permission and explained the simulation		
Kept the model/arm supported without forcing movement		
Kept the wrap loose and checked comfort		
Stopped or adjusted when the observer named a concern		
Explained what each material was representing		

One professional behavior I observed was

One change that made the second round safer or clearer was

One question a trained responder would need to answer before real care was provided is